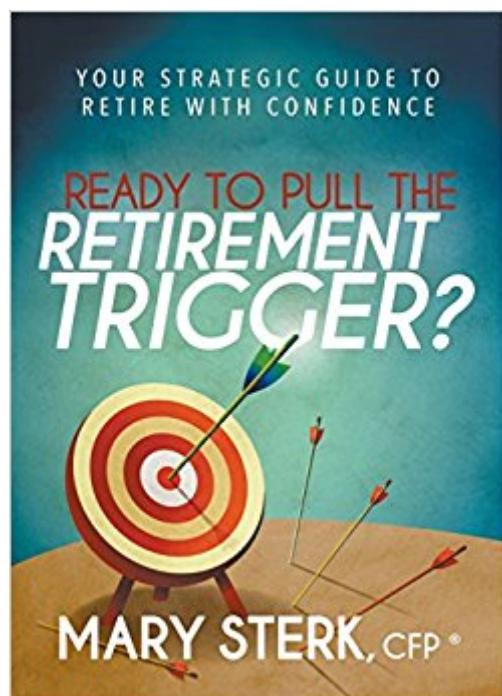


The book was found

# Ready To Pull The Retirement Trigger?: Your Strategic Guide To Retire With Confidence



## **Synopsis**

Ready To Pull The Retirement Trigger? Many want to retire early...slow down a bit...enjoy their life, their spouse and grandkids. But what if there is a major health issue? Or what if they run out of money? There are many issues facing people as they consider retirement. Where can they turn for answers they can trust? There are no do-overs in retirement. People need a path. They need a strategy. They need a guide. Ready To Pull the Retirement Trigger will arm anyone entering the retirement stage with the essential knowledge to create a strategic plan so they can retire with confidence.

## **Book Information**

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## **Customer Reviews**

Mary Sterk, CFP, is the owner of Sterk Financial Services in Dakota Dunes, SD. Mary's inspirational story of fighting her way from Welfare to Wealth Management has motivated many people to believe that anything is possible. She built a better future despite a teenage pregnancy, living in low-income housing, and raising two small children with no child support while subsisting on food stamps. Mary also coaches financial advisors on how to elevate and grow their practices through the Your Personal Best Coaching program ([www.yourpersonalbestcoaching.com](http://www.yourpersonalbestcoaching.com)). In addition, Mary has developed as an artist, creating uplifting messages of hope through her art within Just Mary Designs ([www.justmarydesigns.com](http://www.justmarydesigns.com)). In her down time, Mary enjoys spending time with her three children and one grandson, and flying her Piper Cherokee. Mary has been in the investment and insurance industry since 1994, and earned her Certified Financial Planning designation through the American College in Bryn Mawr, PA. She was a long-time member of the

Million Dollar Round Table, and has qualified for the prestigious Court of the Table and Top of the Table honors multiple times. She was also the 2006 national winner of the Lewis and Clark Explorer award. This honor is awarded to a financial advisor who has demonstrated tremendous business success and growth and provided excellent client care and service in the financial planning industry.

Ready To Pull The Retirement Trigger? is a must-read for everyone, not just those who are nearing retirement age. Full of practical, real-world advice from someone with over 20 years in the financial industry, this book is a step-by-step guide to planning for retirement. It tackles each stage of the process - from finding purpose after a lifetime of work, to making sure a plan is in place to fund a specific lifestyle and manage healthcare costs - by providing specific tasks and questions designed to pinpoint exactly how the ideal retirement looks to each individual and how to make it happen.

Bonus: though absolutely full of information, don't think this is going to be a dull read. Written in an easygoing, engaging style and full of personal stories and real-life examples, this book manages to be entertaining, enjoyable, AND educational. I will happily encourage all my friends and family to read this - I'm certainly glad I did!

Excellent read! Simple and not overwhelming. Retirement always seemed so far away for me! But, after reading Mary's book and the advice she provides I am more confident that I may be able to retire sooner. I do have some pieces to put in place and check on - but, her book makes me feel a little more in control - which is so nice! Learning about my 'money philosophy' and 'the Healthy Truth' were extremely beneficial. This book is one that I will refer to often - and will be gifting for the holidays!

This book was a simple guide to planning my future. As a single parent I was frightened at the thought of not being able to help my children monetarily achieve their dreams. I found out my risk tolerance was still high enabling me to continue my pursuit of running my own company while forging a future for my children through diversifying my portfolio to include real estate, stocks, bonds, and securities. I want to leave a legacy that reaches out beyond my family. As a nurse I am constantly motivating people to live healthy including overcoming money obstacles. By following the steps in this book I can create a foundation for my own healthy life. In turn I can give back to my community through education and the power of positivity. Andrea Pittarelli-Weiss

Great overview of issues one needs to consider for retirement. Short, concise, well written and

easily understood. Helpful links for additional and more detailed information. Comprehensive planner for the next stage of you life. Will help guide important financial and life changes retirement decisions.

Ready To Pull The Retirement Trigger? is an absolute must read! Mary does an excellent job of explaining the nuts and bolts of all the decisions that go into retirement planning, especially those topics that people don't normally consider or are perhaps hesitant to discuss. Her approach is detailed and organized, providing a road map to help the reader solve those big issues AND feel confident about the outcome. The book is extremely comprehensive, but at the same time written in an easy and engaging style that makes it a worthwhile and appealing read for people with a wide range of financial knowledge. I am happy to have found this resource and will certainly be giving this book to many of my clients!

I have saved for retirement throughout my career, but never really had a target. I only knew that I wanted to have enough money "when the time came." Reading this book shifted my focus. I am no longer waiting for retirement to arrive -- I am deciding what my retirement will look like, and taking steps to get there. And, guess what...my retirement mecca is closer than I thought! Thank you for a fun-to-read book that de-mystifies retirement.

Ready to Pull the Retirement Trigger. is a gem of a guide to deciding if you are ready to retire. Mary guides the reader through both the emotional and the financial implications of making the life-altering decision to retire with the wisdom of her years as a financial planner. The level of detail is perfect - a road map is provided to help the reader determine when work is optional. A retirement toolkit is also available for download with worksheets and guides to help the reader apply the principles of the book to their personal situation. After reading, I feel much better equipped to develop my retirement plan.

Even though I am nowhere near retirement age, I find myself wondering how I can prepare in my 30s for retirement, especially if I experience health problems in the future. I knew I needed a strategy and a guide to help me know what my options are. This book doesn't read like a lecture; it's entertaining, encouraging and lighthearted, which takes the "scary" out of contemplating the future. The author, Mary Sterk, went from Welfare to Wealth Management in just a few years; she knows what

sheÃƒÂ¢Ã  ¬Ã  ¸s talking about!

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